



## Introduction:

How much are you willing to pay for a good meal? God has given us a meal that cost him his very son! You can find Pastor Mark's sermon notes [here](#)<sup>1</sup> or listen to the sermon by clicking [here](#).<sup>2</sup>

## Scripture:

Please turn to Mark 14:22-26 in your bible [or click here](#).

## So What?

**The bread represents life (22).** When we partake of the bread, we announce to the world that we participate in the body of Christ ([1 Corinthians 10:16](#)). We demonstrate that we depend on God for our daily needs ([Matthew 6:11](#)). We also acknowledge that Jesus satisfies the deepest longings of our hearts ([John 6:35](#)).

**The cup represents salvation (23).** When we partake of the cup, we recognize that Jesus' death on the cross made atonement for our sins ([Leviticus 17:11](#); [Hebrews 9:22](#)). Jesus is "the Lamb of God who takes away the sin of the world!" ([John 1:29](#)). Where the Old Testament sacrifices were required every year, Jesus died once for all. He is the full and final sacrifice for sin. When we drink of the cup, we declare, "Yes, I really am forgiven!"

**The bread and the cup are a mystery, not magic.** When Jesus made the statements, "This is my body ... this is my blood," he was using metaphors, or word pictures. The bread was still bread; the wine was still wine. It did not magically transform into something different. In addition, eating the bread and drinking the cup are not a magic ritual that guarantees our salvation. We are not saved from our sins by participating in a religious ceremony, but by trusting Jesus Christ as our savior.

**The bread and the cup look forward to the resurrection (25).** This meal was truly the "Last Supper." Jesus looked forward to the day when he would celebrate it anew with us in his kingdom.<sup>3</sup>



## What Now?

1. Communion is a sacred event meant only for those who trust Jesus as Savior. This is because partaking in communion is one of the ways we celebrate our forgiveness and remember Christ's death for our sins. If you want God's forgiveness, accept the Lord Jesus by confessing with your mouth that Jesus is Lord and believing in your heart that God raised him from the dead, and you'll be saved. ([Rom. 10:9](#)) Then come remember him at his table with us.
2. Because we remember Christ's death for our sins when we take communion, we should take it seriously. We should always examine our lives before participating in communion. If we have known sin in our life that we have not confessed, we must first agree with God that what we are doing is sin, and then confess it. Only then can we partake in the table ([1 Cor 11:27-31](#)).
3. When we celebrate communion we not only look back on Jesus' death for us, but we also look forward to his return when we will celebrate with him face to face (25). This should make us feel hopeful. We have been saved through his sacrifice and we will certainly see him again at the resurrection ([1 Cor. 11:26](#)). At that time there will be no more need for self examination, because he will make us fully like him ([1 John 3:2](#)).

<sup>1</sup> <https://wheelsms.wordpress.com/2016/03/06/the-most-expensive-meal/>

<sup>2</sup> <http://www.firstcentralbaptist.com/sermons/gospelofmark.html>

<sup>3</sup> This section comes from Pastor Mark's sermon notes.