

# Are You Satisfied?

John 6:22-59

Each of us has different needs and desires. We long for hope, belonging, significance, security, and satisfaction. We turn to relationships, religion, pleasure, money, possessions, and activities to try to meet those needs. ***Jesus is the bread of life who satisfies our deepest longings.*** If we believe him, if we receive him, if we depend on him, if we partake of him daily, our deepest desires and longings will be satisfied. We will never be hungry and thirsty again.

## ❑ The Crowds were Seeking the Next Meal (22-34)

The day after Jesus fed the 5,000 (1-14), prayed all night (15), and walked on water (16-21), the crowds discovered he was gone and went searching for him (22-24). They found him in the synagogue in Capernaum (24, 59).

The crowd includes disciples, lukewarm followers, and opponents. After this teaching, many walk away.

### Setting the Table

*When did you get here? (25)*

The people saw the disciples get in the boat and leave, but they did not see Jesus go with them.

*What can we do to earn God's approval? (28)*

The people miss the point that Jesus said he would give them life. They ask how to earn it.

*Where is the proof? (30-31)*

Feeding the 5,000 was not enough to convince them. They wanted another sign.

*Feed us now! (34)*

Jesus had their attention. They are hungry and want to be satisfied.

### Whetting the Appetite

*Check your motives. (26-27)*

Rather than answer their question, Jesus points out their mixed motives—they only wanted another free meal.

*Trust me, you can't. (29)*

Jesus points out that God doesn't desire work. He wants faith.

*Faith based on miracles is not very strong. (32-33)*

Israel ate manna in the wilderness for 40 years, and still did not believe. Miracles do not convince people in and of themselves.

❑ **Jesus Satisfies People with the Best Meal (35-59)**

• **Jesus is the Bread of Life (35-38) ...**

Jesus himself is the food, the sustenance that nourishes spiritual life.

Jesus came from heaven to do the will of God.

• **... Who Satisfies our Deepest Longings (35, 50-51)**

There is no room left for spiritual hunger or thirst after receiving Christ. The results are permanent.

The bread of heaven provides life for dying people.

• **To be satisfied by this meal, we must believe it (35-40)**

“Believe” is the key to gospel of John.

To enjoy and be satisfied by Jesus, we must believe ... who he is ... he is sufficient ... his provision is enough ... his promises are true ... he satisfies ... we need no other substitute ... we can't work our way to God ...

Jesus affirmed both divine sovereignty and human responsibility.

Our eternal security is based on God's promises and power.

• **To be satisfied by this meal, we must receive it (41-58)**

Don't grumble, argue, and complain about God's plan and methods (41-43).

Jesus repeats his claim that he is the way to life (44-48).

Jesus offers bread that brings the life for which there is no death (49-51).

The bread that gives life must be consumed (52-59). We need a full and complete relationship with Jesus.

*Don't settle for a substitute. Seek the One who truly satisfies.*