

Make the Choice to Praise God

Psalm 145

Praise God now and always for his compassion, his power, and his provision!

Psalm 145 is the only psalm designated as “a song of praise.” It is the last psalm attributed to David. It seems to indicate that David saved his best for last.

The psalm is an acrostic, with each verse beginning with a letter of the Hebrew alphabet (“n” is missing). Observant Jews would repeat the psalm three times a day, twice in the morning and once in the evening.

☐ The Nature of Praise (1-7)

Praise is ...

- A choice
- Personal
- To be offered daily
- Focused on who God is and what he has done
- To be shared with others
- Expressed with variety
- Contagious

“There is no chorus too loud, no orchestra too large, no psalm too lofty for the lauding of the Lord of Hosts” C. H. Spurgeon

❑ 3 Reasons to Praise God (8-20)

• God is Compassionate (8-9)

God autographs his work with mercy and grace.

• God is King (10-13)

Of God's kingdom—we are to speak of it, talk of it, and make it known, and then we are to humbly acknowledge it before the King himself.

• God is Provider (14-20)

God provides

- help for the inadequate (14)
- food for all creatures (15-17)
- answers to those who pray (18-19)
- protection for those who are his (20)

The power of the King is best evidenced in his readiness to aid the weak.

❑ Praise God! (21)

“Whatever others may do, I will not be silent in the praise of the Lord; whatever others may speak upon, my topic is fixed once for all; I will speak the praise of Jehovah. I am doing it and I will do it as long as I breathe.” C. H. Spurgeon

❑ Applications

- Use the alphabet to praise God. List one attribute and one action of God for every letter of the alphabet.
- Use the calendar to praise God. Find something to praise God for each day of the month.
- Find someone younger than you and tell them what you are praising God for.